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OCT 10, 2019 | THE RENAISSANCE EDMONTON AIRPORT HOTEL

WHAT IS THE ALBERTA BLUE CROSS WELLNESS SUMMIT?

The Wellness Summit is a day where we explore fresh perspectives and proven practices around wellness. This year, we're focusing on the core elements of what it takes to create healthy workplace cultures and workplaces where everyone thrives. Join us as we get up close and personal with wellness experts during intimate breakout sessions, inspiring keynotes and panel discussions driven by you—industry thought leaders dedicated to workplace wellness.

WHY SHOULD I ATTEND?

When you attend, you'll walk away with practical tools and evidence-based resources that you can use to create a healthy workplace culture, enhance your organizational performance and increase employee engagement—the three most critical factors needed for successful workplace wellness programs.

WHO'S SPEAKING?

Lance Secretan, Canadian Leadership expert and author of recent bestseller *The Bellwether Effect*. He will be talking about business practices to inspire healthy workplace culture.

Drew Dudley, founder of Day One Leadership whose TED talk on Lollipop moments helped to redefine leadership. He will be talking about creating cultures of leadership in the workplace.

They will be joined by **Ryan Picarella** and a panel discussion of thought leaders in workplace wellness.

QUESTIONS?

Have a question? Please reach out, we'd love to hear from you! info@thewellnesssummit.ca



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